

# *The Spicy Sugar*

*Thoughts. Moments. Fantasies*



*Namrata P Nayak*

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## *Preface*

The spicy sugar is an amalgamation of thoughts, moments, and fantasies. The reason for choosing this as the title is mainly because the content of this book is not limited to a certain emotion; it reflects the spice in subtle melody as well as the heat in stormy rainfall.

Choice of the title called for a lot of brainstorming and self assessment. It is the result of an enduring effort. It is said that the title speaks for the book; hence this was one of the most crucial steps in this lovely journey. This book beholds a lot of emotions and gestures, so it indeed needed a title that could make justice to the same.

Just as a book plays the canvas to a writer's thoughts. It is the emotions in the heart that serves as a vibrant hue to moments old and new. Sugar is always known for its beloved sweetness, what if it comes with a pinch of spice. Thoughts that can seduce the mind, moments that can bring the heart to life, and fantasies that need not be described.

This book is a treat to people who want to feel themselves all over again. It shall blossom souls and touch lives. It can bring on a smile or help you shed that long held tear. It may help you value your close ones who are near or push you to reach out to that long lost someone who will always be very dear!



# *“Your Eyes, My Smile”*

The sound of your voice, brings a charm in me  
In a way I cannot explain;  
It is in the delight I feel, when we laugh  
That fades away every pain!

The connect I feel with you,  
Is way beyond romance;  
It is an amazing magic  
That happened not just by chance!

If you could look into my soul  
Or peep into my heart;  
You could see how I long for you  
Whenever we are apart!

The sparkle in your eyes  
The affection in your touch;  
The passion in your hug and kiss  
Make me adore you so very much!

Knowing I can talk to you  
About any and everything;  
And knowing together we will get through  
Whatever life may bring!

I no doubt could tour the world,  
But This I know is true;  
Neither could I nor will I find elsewhere,  
The feeling I share with you!

Words fall less  
When it comes to describe the bond I share with “YOU”,  
All I know is, though my expressions are silent,  
Still my every silent expression says “All of ME Loves All of YOU”!



*“You touched my soul, in a way that healed it”*

From the time,  
My eyes met you;  
I knew for sure,  
This was a dream come true!

You made me realize,  
The essence of Love;  
My prince charming,  
Sent from the above.

You are the best thing  
That ever happened to me,  
Its beyond eternity that I love you,  
And this I know for sure, its always been you and Only you!



*“First you make your choices, and then  
your choices make you”*

Ever wondered, what's your life made of?  
The answer is simple, your life is a pattern of the choices you make!  
Today, you are successful; it is because you chose it,  
Today, you feel dejected; it is because again you chose it!

No one has the power to make you feel happy,  
Likewise no one has the power to make you feel low,  
Its only you who decide how you feel,  
It is only you who chooses your life.

You gift yourself the life you choose to,  
If you don't like your life then its time you start making better choices.  
Because, the underlined truth always remains:  
“Your life is fashioned by the choices you make, first you make your choices and then  
your choices make you!”



## *“Maa Durga - The essence of virtue”*

In the chanting of mantras, and devotion in prayers;  
In the bliss of music, and rhythmic flow of dance;  
In the gloom of creation, and sheer admiration,  
In the well decked outfits, and mouth-watering dishes;

All that our hearts look for “Is You”

You are the reason, we hail hope for a better tomorrow;  
You make us believe in the essence of good over evil,  
You come along with bundles of joy and blessings;  
You dawn our lives with love!

Yes it is You Maa Durga whose arrival we eagerly await every year  
and your presence makes Life seem a true celebration!

Jai Maa Durga!

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